

Soul Food Cookoff

Saturday, March 11, 2023

Lake Charles Civic Center

900 Lakeshore Drive Lake Charles, La 70601

The Black Heritage Festival will host its first ever Soul Food Black Pot Cookoff, and we are inviting you, your business, or your organization to be a part of the festivities. We are accepting entries for your best soul food dish prepared in a cast iron / black pot. Entrants will prepare their dishes in real time and submit their entries before the set, timed deadline. Judges will rate the entries based on flavor, presentation, and originality. After judging, the highest rated dishes will be awarded one of three placed awards.

 1^{st} Place Pit Boss Pellet Grill + Trophy 2^{nd} Place Lodge Dutch Oven + Trophy 3^{rd} Place Lodge Dutch Oven + Trophy

 $\begin{array}{lll} \text{Setup Time} & 6:00 \text{ am} - 8:00 \text{ am} \\ \text{Start Time} & 8:00 \text{ am} - 1:00 \text{ pm} \\ \text{Judging} & 1:00 \text{ pm} - 2:00 \text{ pm} \end{array}$

Award Presentation 2:00 pm

Registration Form

Food / Dish Entry		
Participant / Business / Organi	zation Name	
Participant / Business / Organiz	zation Address	
Participant / Business / Organization Signature		Date
BHF Rep. Signature		Date
Entry Fee <u>\$50.00</u>	Paid	
Payment received by		

Contact: **Donald Thomas**

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Make checks payable to Black Heritage Festival of Louisiana